

Isle of Wight Chlamydia Screening Programme
Community Settings

SCREENING INFORMATION PACK



Sarah Stringer
Isle of Wight Chlamydia Screening Coordinator
Chlamydia Screening Office
Public Health
46 Sea Street
Newport
Isle of Wight PO30 5BL

Email: Sarah.Stringer@iow.nhs.uk

Telephone: 0845 050 9530

Website: www.ruthe1.co.uk

Acknowledgement

Many thanks for agreeing to take part in the Island's Chlamydia Screening Programme. Your cooperation in delivering this service is extremely valuable.

Abbreviations used in this pack

CSC	Chlamydia Screening Coordinator
CSP	Chlamydia Screening Programme
CSO	Chlamydia Screening Office
SHS	Sexual Health Service (St Mary's Hospital)
PN	Partner Notification

What this pack contains

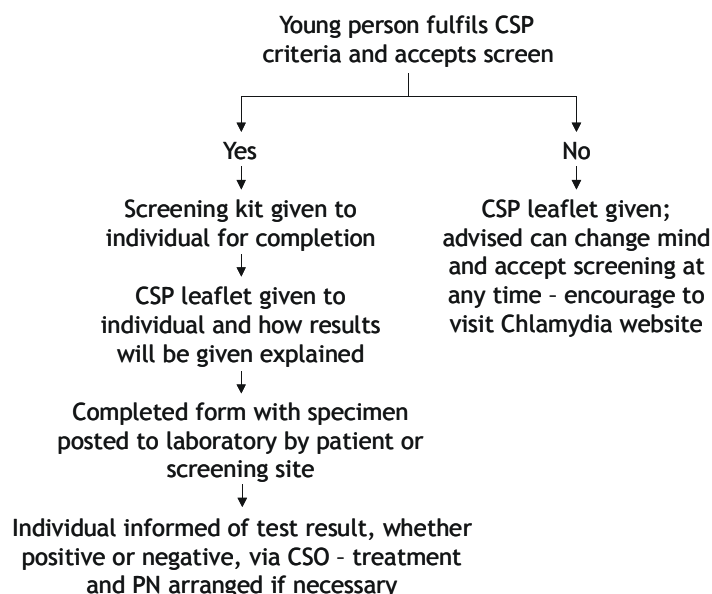
1. Overview of the programme
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Overview of the programme

Aim of the National Chlamydia Screening Programme (NCSP)	<i>Control Chlamydia through the early detection and treatment of asymptomatic infection Prevent development of complications Reduce onward transmission</i>
NCSP	<i>Target group all under-25 year olds who are sexually active NCSP screening target 50%; evidence from pilot studies (Wirral and Portsmouth) that this will have positive effect on prevalence rates</i>
IW NHS Primary Care Trust Vital Signs Target	<i>17% of all 15-24 year olds Island target to screen 2,632 per year</i>
Programme	<i>Opportunistic screening, in a variety of settings, traditional and non-traditional</i>
Complications of untreated Chlamydia	<p><i>Females:</i></p> <ul style="list-style-type: none"> ▪ <i>Ectopic pregnancy</i> ▪ <i>Infertility</i> ▪ <i>Transmission during birth to baby</i> <p><i>Males:</i></p> <ul style="list-style-type: none"> ▪ <i>Reiters Syndrome (similar to arthritis)</i> ▪ <i>Affects sperm, causing infertility</i> ▪ <i>Swelling in the testicles</i>
Signs and symptoms	<p><i>In most cases there are no signs and symptoms. However, the following may be reported:</i></p> <p><i>Females:</i></p> <ul style="list-style-type: none"> ▪ <i>Vaginal bleeding after sexual intercourse</i> ▪ <i>Abnormal vaginal discharge</i> ▪ <i>Lower abdominal pain</i> ▪ <i>Breakthrough bleeding on contraceptive pill (outside of pill-free week)</i> <p><i>Males:</i></p> <ul style="list-style-type: none"> ▪ <i>Urethral discharge</i> ▪ <i>Burning sensation or pain passing urine</i> ▪ <i>Urethral irritation</i>
Laboratory test	<i>Nucleic acid amplification tests (NAATS)</i>
Sample	<i>First pass of urine (male and female)</i>
Management of results	<i>Young person decides on method of contact (text, letter, phone) Young person informed if negative or positive</i>
Positive results	<i>Young person asked to contact Chlamydia Screening Office (CSO) for results All under-16 year olds will be asked to contact CSO for negative and positive results</i>
Treatment and management	<p><i>Treatment is available from:</i></p> <ul style="list-style-type: none"> ▪ <i>Sexual Health Services, St Mary's Hospital</i> ▪ <i>Connexions drop-in clinic</i> ▪ <i>Some pharmacies across the Island</i> <p><i>Please see website www.ruthe1.co.uk</i></p>
Treatment options	<i>Azithromycin 1g single dose</i>

Alternative treatment regimes	<i>Doxycycline 100mg bd for 7 days Ofloxacin 200mg bd for 7 days or 400mg od for 7 days Erythromycin 500mg bd for 14 days</i>
Pregnant women	<i>Erythromycin 500mg qds for 7 days or 500mg bd for 14 days</i>
<i>All young people with a positive result must be told to abstain from sex during treatment and for 7 days after, even with a condom, and until current partner(s) is/are treated</i>	
Testing for other STIs	<i>All positive young people will be recommended to access a full STI screen</i>
Health promotion	<i>The CSP will promote safe sex and 'delay' message The CSP will take opportunities to discuss risk-taking behaviour and harm minimisation Condoms and sign-up to the Condom Distribution Scheme will be promoted Signposting for other STI testing and contraception will be promoted</i>
Partner notification	<i>All clients attending for treatment will be asked to bring current partner with them Partner notification will be carried out within sexual health clinic guidelines It is the responsibility of the CSO to follow up all treated clients and their partners</i>
Re-screening	<i>Repeat screening should be according to risk assessment with a minimum of five weeks between tests Risks may include: Poor compliance with treatment Failed notification/treatment of partner Further risk-taking sexual behaviour Annual testing is recommended for target group</i>

Flowchart of young person's journey



Screening under 25 year olds

- Criteria for inclusion**
- *All sexually active men and women under 25 years old outside of the genito-urinary medicine setting*
 - *Those under 16 years old if deemed Fraser Competent*
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- Exclusion criteria**
- *Screening carried out in all over 25 year olds*
 - *Those who cannot consent to being screened*
 - *Those who are unwilling to give any contact details*
 - *Those under 16 years old who are not Fraser Competent*
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Screening process *All participating organisations and venues will be supplied with Chlamydia Screening Kits and posters. The kits are designed to make offering screening simpler, as they allow the option for an in-house immediate screen or take-way for self completion*

- Contents of pack**
- *Chlamydia Screening Programme Pathology Form (see sample)*
 - *Screening kit instructions*
 - *Leaflet*
 - *Pen*
 - *Urine pot*
 - *Postal container and postage paid envelope*
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- Checklist for specimens** *If you agree to accept specimens through your organisation, it would be really helpful if the following information was checked prior to sending specimens:*
- *Individual fulfils inclusion criteria*
 - *All part of the form are legible*
 - *All the following have been correctly completed:*
 - *Name and address*
 - *Method of future contact*
 - *Date of test*
 - *Kit collection point (this will be your organisation)*
 - *C10 - urine sample ticked*
 - *AO3 - Screening ticked*
 - *Ethnicity*
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Returning specimens to laboratory *All specimens to be placed in plastic container in postage paid and addressed envelope (as in the instruction leaflet) with specimen form, then posted in normal post box*

- Sample**
- *First part of urine; NOT mid-stream*
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- Results**
- *Inform the young person results will be with them in 10 days*
 - *Let them know that the CSO will inform them of results - NOT the organisation who provided the screening kit*

'Pee & Post' kits

 <p>1. This is what you will find in your kit.</p>	 <p>2. Fill out the YELLOW section of the form in your kit. Please press hard with pen so that writing can be seen on all sheets of form. It is REALLY important to make sure you have filled out your contact details.</p>	 <p>3. Pee in pot provided and tightly screw on lid</p>	 <p>4. Now wash your hands</p>
 <p>5. Write your surname (last name) on ONE of the stickers found on the front of your yellow form and firmly stick to your specimen pot of pee.</p>	 <p>6. Now wrap your specimen in the small piece of paper found in your big plastic tube.</p>	 <p>7. Place the wrapped specimen into the BIG plastic tube and screw lid on tightly.</p>	 <p>8. Put the plastic tube containing your specimen and the COMPLETED yellow form into the addressed envelope provided. POST in any Royal Mail post box IMMEDIATELY. No stamp required.</p>

Young people complaining of symptoms

Please signpost to Sexual Health Services, Sexual Health Outreach Clinics or their own GP.

People aged over 25

Unfortunately, this age group is excluded from the CSP. However, if a test is requested by someone aged 25 or over, please signpost to Sexual Health Services or their own GP.

Management of results

Management of results, treatment and partner notification are the responsibility of the CSO.

All young people will be informed of their results, whether positive or negative, by one of their chosen methods of communication.

PLEASE ENCOURAGE ALL YOUNG PEOPLE TAKING PART TO VISIT THE CHLAMYDIA SCREENING WEBSITE: www.ruthe1.co.uk