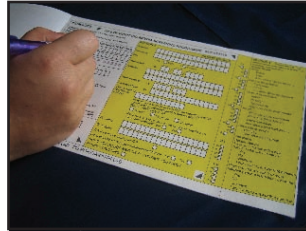


## INSTRUCTIONS FOR DOING YOUR CHLAMYDIA TEST.



1. This is what you will find in your kit.



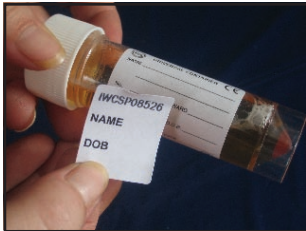
2. Fill out the **YELLOW** section of the form in your kit. Please press hard with pen so that writing can be seen on all sheets of form. It is **REALLY** important to make sure you have filled out your contact details.



3. Pee in pot provided and tightly screw on lid



4. Now wash your hands



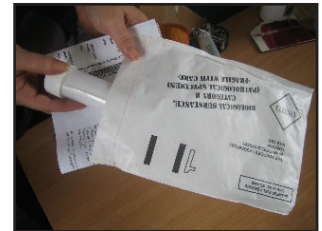
5. Write your surname (last name) on **ONE** of the stickers found on the front of your yellow form and firmly stick to your specimen pot of pee.



6. Now wrap your specimen in the small piece of paper found in your big plastic tube.



7. Place the wrapped specimen into the **BIG** plastic tube and screw lid on tightly.



8. Put the plastic tube containing your specimen and the **COMPLETED** yellow form into the addressed envelope provided. **POST** in any Royal Mail post box **IMMEDIATELY**. No stamp required.